Title : Physical Education- Grade 1
Type : Essential

	September	October	November	December	January	February	March	April	May	June
	1 2 3 4	5 6 7 8	9 10 11 12	13 14 15 16 17	18 19 20 21	22 23 24 25	26 27 28 29	30 31 32 33 34	35 36 37 38	39 40 41 42
September/Week 1 - June/Week 42										
Motor Skills and Movement Patterns										
September/Week 1 - June/Week 42										
Personal Safety										
December/Week 17 - February/Week 24										
Fitness Concepts										
February/Week 25 - April/Week 32										
Responsible Behavior in Physical Activity Settings										
April/Week 33 - June/Week 40										
Healthy LIfestyle Practices										